

Needling Your of Your Child's Molluscum

We found this on the Internet and modified it a bit.

If you've been sitting around applying worthless medications that cost lots of money and feeling like an outcast in the meantime, do yourself a favor and think about popping them intelligently!

Things You Will Need

- Tweezers
- 70% Isopropyl Alcohol (Rubbing Alcohol)
- Small, thin needle Your doctor may give you a 21 or 22 gauge needle
- A Bowl
- Tissue Paper
- Vaseline
- Latex or Nitril gloves (optional, but very helpful)

Sterilization Before Molluscum Procedure

Place your needle and tweezers in a bowl and submerge the tips in your rubbing alcohol.

Wash your hands well

Procedure

The molluscum protrudes ever so slightly out of the skin.

Your job is to remove it cleanly and accurately. Have tissue paper on standby.

If your papule makes it impossible to use both hands, get a friend you trust to help you.

1. To the extent that it's possible, pinch the area of skin containing the papule between two fingers to isolate it.
2. Using your needle, carefully puncture the super-thin layer of skin on top of the molluscum. The idea here is to cut an area of skin above the lesion wide enough so that you'll be able to reach in with the tweezers and extract the waxy little molluscum body while minimizing damage to healthy skin. This may require a few tries. Don't let the bleeding freak you out. Just dab it off and focus on removing the molluscum body. Your skin will heal.

2.5 An alternative method is to needle the surface of the lesion and squeeze the lesion between two fingers. The molluscum body will usually just pop out.

If there is bleeding, apply some pressure with tissue paper for a minute or so.

Infection is rarely a problem with such small wounds.

3. Once you've removed as many molluscum as you felt comfortable with, hold tissue paper on your wounds until they've stopped bleeding.

After you finish

Re-submerge all of your instruments in rubbing alcohol for 5 minutes.

Wash your hands well.

Make sure to pour rubbing alcohol on any surfaces that may have come in contact with the virus.

Once all the bleeding has subsided, apply a thin layer of Vaseline to each wound. Continue doing this until the wounds are fully healed (usually less than a week)

There's no reason you should have to walk around with molluscum contagiosum ruining your life. This technique is fine for children over a certain age and all individuals who are older than around 10 years of age.